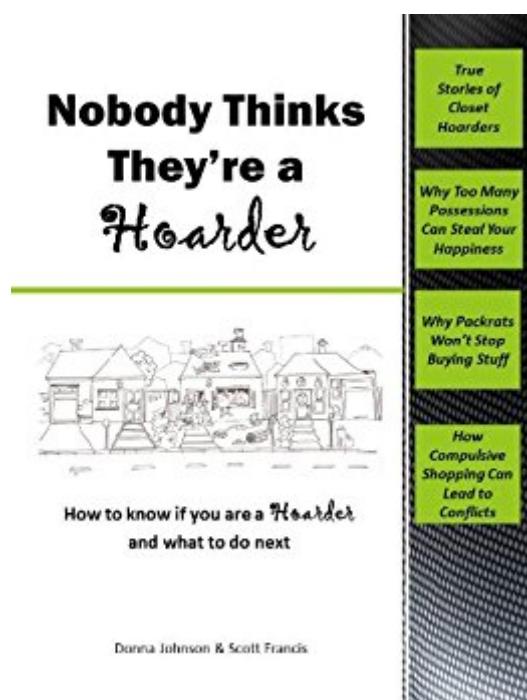


The book was found

# Nobody Thinks They're A Hoarder (How To Know If You're A Hoarder And What To Do Next)



## Synopsis

Shocking statistics paint a picture about how Americans are buying and keeping more âœstuffâ • than ever before. Itâ™s estimated that there are 3 million hoarders in the U.S., according to our Google search. That number may be much higher due to the reality that people hide their cluttered mess behind closed doors. âœNobody Thinks Theyâ™re a Hoarderâ• is a book that helps people who excessively or compulsively hoard, shop, accumulate, and collect much more than they need. According to wikipedia.com, in 1960 there were 0 storage facilities in the U.S. or anywhere in the world. As of 2009, there were 58,000 storage unit facilities worldwide! And 46,000 alone are in the U.S. (Of course, thatâ™s just storage facilities, not units!) As of 2012, American households own twice as many possessions as they did in 1995. Bottom line: A whole lot of Americans buy and hoard! Whether youâ™re a shopaholic, hoarder, packrat, or excessive collector, âœNobody Thinks Theyâ™re a Hoarderâ• provides guidance on how to understand why you do what you do, what effect it has on you and those around you, and how to make simple changes toward achieving a happier life. Itâ™s help for those who want to stop the runaway train called compulsive buying and hoarding. This book is also for those who live with or love a hoarder. Find out how to stop hoarding, get organized, and go clutter-free! Reclaim your life, home, relationships, and your happinessâ | starting today.

## Book Information

File Size: 845 KB

Print Length: 119 pages

Publication Date: November 25, 2012

Sold by:Â Digital Services LLC

Language: English

ASIN: B00ADC8PGG

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #606,068 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #45

inÂ Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Addiction & Recovery > Hoarding

#79 inÂ Books > Health, Fitness & Dieting > Addiction & Recovery > Hoarding #1479 inÂ Kindle

## Customer Reviews

I thought that this was really well written. At first, I thought it was going to be one of those books that specifically talked about hoarders and nobody else. It was interesting how the book was able to point out the different variety of hoarders there really are. I also found it intriguing how they also went on about how you can be better about getting rid of your clutter and ways on how to do that. It was well written and easy to read. Enjoyable for everyone even if you don't think that you aren't a hoarder.

Ouch! This hurts! Even though I purchased this to better understand and help a family member, I recognized some things I struggle with also. Very helpful hints and ways to look at roots of problems along with steps to begin dealing with it. There are deeper books out there to deal with serious cases but this is a great tool to start with and to discuss with other people close to the hoarder. And it may be all you need. There are really many hoarders out there, it is much more common than you think, and there seems to be more understanding of it thanks to articles, books, and TV exposure.

This book is a painful reminder that to fix a problem you must believe that there really IS a problem...I highly recommend you read this to gain insight on how to help those in need and to have patience with them...A very worthwhile purchase!

"Nobody Thinks They're a Hoarder" is an excellent, practical, straightforward advice from two recovering hoarders. It's supportive, non-condescending, and even humorous. It also goes into detail about how hoarding may affect others. I struggle with a tendency toward hoarding, myself. I know I'll find this book helpful.

If you need to free you mind, heart, and soul start controlling your environment! This book will help you do it!!!!!!!

I am trying to sort out my problems with over accumulation and lack of organization and thought this book might help. It does, somewhat. I am narrowing it down to something less than full blown hoarding and closer to unorthodox organization style with a dash of OCD. This book did help drive home that this will have a bad effect on some people who share the same environment and they do

have the right to be considered. However, the constant insistence that we are all sick puppies who must face our demons together while holding hands and singing kumbaya got on my nerves. That is probably unfair, but it was the effect it had on me at times and it undermined (for me) the truly useful aspects of this book.

The tips in cleaning were my favorite. Well as a third generation hoarder, I completely agree with finding out why I hoard. We have lost so many family members in the last 10 yrs. Now needing to clean out my grandmother's house with my mom the only living daughter I struggle getting mom to let go. It has been 2 yrs since her passing.

Sadly, this book is somewhat poorly organized, reflecting the problems of the co-authors rather than their growth and recovery from what they determine is a compulsive disorder. Leaves one wanting more...more real information, for one, rather than opinion passed off as fact, or personal experience presented as dogma. Much more thought, research, and a talented editor are needed here.

[Download to continue reading...](#)

Nobody Thinks They're a Hoarder (How to Know If You're a Hoarder and What to Do Next) From Zero to Sixty on Hedge Funds and Private Equity: What They Do, How They Do It, and Why They Do The Mysterious Things They Do They Hurt, They Scar, They Shoot, They Kill: Toxic Characters in Young Adult Fiction (Studies in Young Adult Literature) Nobody Son of Nobody The 100 Best Business Books of All Time: What They Say, Why They Matter, and How They Can Help You Careful Where You Set This Down: A Strategic Guide To Heal The Hoarder In You Why You Like the Wines You Like: Changing the way the world thinks about wine. (The New Wine Fundamentals) (Volume 1) Understanding Girls with ADHD, Updated and Revised: How They Feel and Why They Do What They Do James Baldwin : Collected Essays : Notes of a Native Son / Nobody Knows My Name / The Fire Next Time / No Name in the Street / The Devil Finds Work / Other Essays (Library of America) What They Didn't Teach You In Photo School: The secrets of the trade that will make you a success in the industry (What They Didn't Teach You In School) Working: People Talk About What They Do All Day and How They Feel About What They Do The Employee Experience Advantage: How to Win the War for Talent by Giving Employees the Workspaces they Want, the Tools they Need, and a Culture They Can Celebrate Miracles: What They Are, Why They Happen, and How They Can Change Your Life Defeating ISIS: Who They Are, How They Fight, What They Believe Queens of the Ice: They were fast, they were fierce, they were teenage girls (Lorimer Recordbooks) You Don't Know What You Don't Know: Everything You Need to Know to Buy or Sell

a Business Good Faith: Being a Christian When Society Thinks You're Irrelevant and Extreme The Hoarder in You: How to Live a Happier, Healthier, Uncluttered Life Oh, the Thinks You Can Think! What They Didn't Teach You in Art School: How to survive as an artist in the real world (What They Didn't Teach You In School)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)